

The hospital bag

What to bring at the time of hospitalization

Mother

Dresses	<input type="checkbox"/> Comfortable nightgown for childbirth In case of caesarean section, hospital gown will be provided by hospital itself 	<input type="checkbox"/> Comfortable nightgown for breastfeeding With short or long sleeves, with no elastic band on the wrist, opening at the waist 	<input type="checkbox"/> Suitable clothes in hospital common areas 	<input type="checkbox"/> Velcro-type abdominal band (optional) For planned c-section recovery, if only recommended 	<input type="checkbox"/> slippers and shower 
	<input type="checkbox"/> Comfortable nursing bra 	<input type="checkbox"/> Postpartum tampons 	<input type="checkbox"/> Disposable panties, possibly made of mesh 	<input type="checkbox"/> Personal hygiene necessities (toothbrush, brush, shampoo...) 	
Documents	<input type="checkbox"/> Valid documents of both parents 	<input type="checkbox"/> Documentation of pregnancy history Blood tests, vaginal/rectal swab, blood type, ultrasound performed in pregnancy ECG, ... 	More	<input type="checkbox"/> Light and energy snacks Water, bars, chocolate, juice ... 	<input type="checkbox"/> Cell phone charger 

Child

<input type="checkbox"/> Cotton bodysuit ~ 2 cambi al giorno 	<input type="checkbox"/> Cotton baby suits ~ 2 cambi al giorno 	<input type="checkbox"/> Cotton caps ~ 2 	<input type="checkbox"/> Blanket as desired, according to the season 	<input type="checkbox"/> Sleep suits or baby clothes for the day of discharge 
---	---	---	--	---

Father

<input type="checkbox"/> Baby hat ~ 2, to bring in the delivery room 	<input type="checkbox"/> Camera 
---	---

In case of hospital stay at the St. Catherine's (private ward), towels and pads will be provided. It is recommended not to bring any valuables with you.

We look forward to seeing you in Mangiagalli!

Milan Polyclinic, The best reference for all stages of life

Discover our insights, tutorials
and events for your **life as a mom** at:

 www.mangiagallicenter.it

Follow us on:

 [@PoliclinicoMI](https://twitter.com/PoliclinoMI)

 [PoliclinoMI](https://www.youtube.com/PoliclinoMI)

 www.policlinico.mi.it

Sign up for the Newsletter:

 www.policlinico.mi.it/newsletter

Mangiagalli Switchboard!

 **02 5503.1** Active 24 hours a day

Birth Path Reservations

 **02 5503.5503**

 prenota.mangiagalli@policlinico.mi.it



Fondazione IRCCS Ca' Granda
Ospedale Maggiore Policlinico

Sistema Socio Sanitario



Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico
Istituto di Ricovero e Cura a Carattere Scientifico di natura pubblica
via Francesco Sforza, 28 - 20122 Milano